

## Cooked ham brine 20% AVO Gold

German guideline: Recipe number:

REZ2016000553

Requirement according to german guideline:

Raw material:

100.00 kg | Ice 20% / water 80% | 100.00 kg

Spices & processing aids:

5.00 kg AVO Gold 50 P Free new 658100 1.00 kg SELCHWÜRZ SÜDDT. SPEC. 507200 WITHOUT GLUTAMATE

12.00 kg Nitrite curing salt E250 25 kg 062503

casing:

## Processing sequence:

- 1. dissolve AVO Gold 50 P free in water.
- 2. add AVO Selchwürz and bring into solution
- 3. add NPS and stir well
- 4. add the ice and dissolve completely

Inject 20% of the brine

## Ingredients:

water, salt, glucose syrup, stabilizer: E 450 diphosphate, antioxidant: E 301 sodium ascorbate, preservative: E 250 sodium nitrite, flavourings

## Nutrition declaration:

Calorific value kJ	45KJ
sugar	1,1g
Calorific value kcal	11Kcal
polyols	0,0g
fat	0,0g
protein	0,0g
saturates	0,0g
sodium	4,4g
carbohydrate	2,7g
salt	11,1g

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